

Predictors of 6-year event-free survival in patients with Alagille syndrome treated with maralixibat, an IBAT inhibitor



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Introduction

- Refractory pruritus and progression of end-stage liver disease are indications for liver transplantation (LT) in patients with Alagille syndrome (ALGS).¹⁻³
- It is reported that only 41% of patients have native liver survival by 18.5 years of age.²
- Maralixibat is a novel, oral, minimally absorbed ileal bile acid transporter inhibitor (IBATI) which has shown significant and durable improvements in cholestatic pruritus and serum bile acid (sBA) levels with up to 6 years of treatment.⁴⁻⁷
- Maralixibat (LIVMARLI™) has recently been approved in the US for the treatment of cholestatic pruritus in patients with ALGS ≥1 year of age.⁶

Aim

- To examine predictors of long-term event-free survival (EFS), including transplant-free survival (TFS), in patients with ALGS enrolled in three clinical trials of maralixibat,⁸⁻¹⁰ with up to 6 years of follow-up.

Methods

Patient selection

- Patients (N=76) with ALGS aged 14–207 months with moderate-to-severe pruritus were included in this analysis.
- Maralixibat-treated patients with ALGS from three long-term clinical trials⁸⁻¹⁰ were followed for development of first clinically significant event (LT, surgical biliary diversion, hepatic decompensation [ascites requiring therapy and variceal bleeding], or death) for up to six years.
- TFS (LT and death only) was also assessed.
- Patients who were on maralixibat 48 weeks from the first dose and had lab results at 48 weeks were included in this analysis.

Statistical analysis

- Variables considered in the model included: liver biochemistries, platelets, pruritus (as assessed by Itch-Reported Outcome [Observer] [ItchRO(Obs)] 0–4 scale), total sBA, and age at initiation.
- These were explored at baseline, week 48, and change from baseline to week 48.
- Goodness of fit was assessed using Harrell's concordance statistic (C-statistic).
- Variables with a value ≥0.7 (indicating a good model) were selected for further analysis.
- Cutoffs for each variable were determined via a grid search across the range of values.
- Statistical comparisons between the cutoff groups were calculated using a log-rank test.

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Results

Patient population

- This analysis included 76 maralixibat-treated patients, with a median follow-up of 266 weeks (range: 53–380). Patient baseline characteristics are shown in **Table 1**.

Table 1. Baseline characteristics in maralixibat-treated patients with ALGS.

Patients (N = 76)	Median (IQR)
Age (months)	70 (33–126)
Male, n (%)	45 (59)
Total bilirubin (mg/dL)	2.3 (0.9–8.4)
sBA (μmol/L)	184 (78–361)
ItchRO(Obs) score	2.7 (2.1–3.1)
ALT (U/L)	134 (95–193)
GGT (U/L)	392 (188–751)

ALT, alanine transaminase; GGT, gamma-glutamyl transferase; ItchRO(Obs), itch-reported outcome (observer); IQR, interquartile range; sBA, serum bile acid.

Predictors of EFS

- Sixty out of 76 patients remained event-free at the time of analysis.
 - Sixteen patients experienced clinical events: LT (n = 10), decompensation (n = 3), death (n = 2), and surgical biliary diversion (n = 1).
- Variables that were predictive of EFS included: week 48 total bilirubin, week 48 sBA, change from baseline to week 48 in pruritus (ItchRO(Obs)), and age at initiation of maralixibat (**Table 2; Figure 1**).

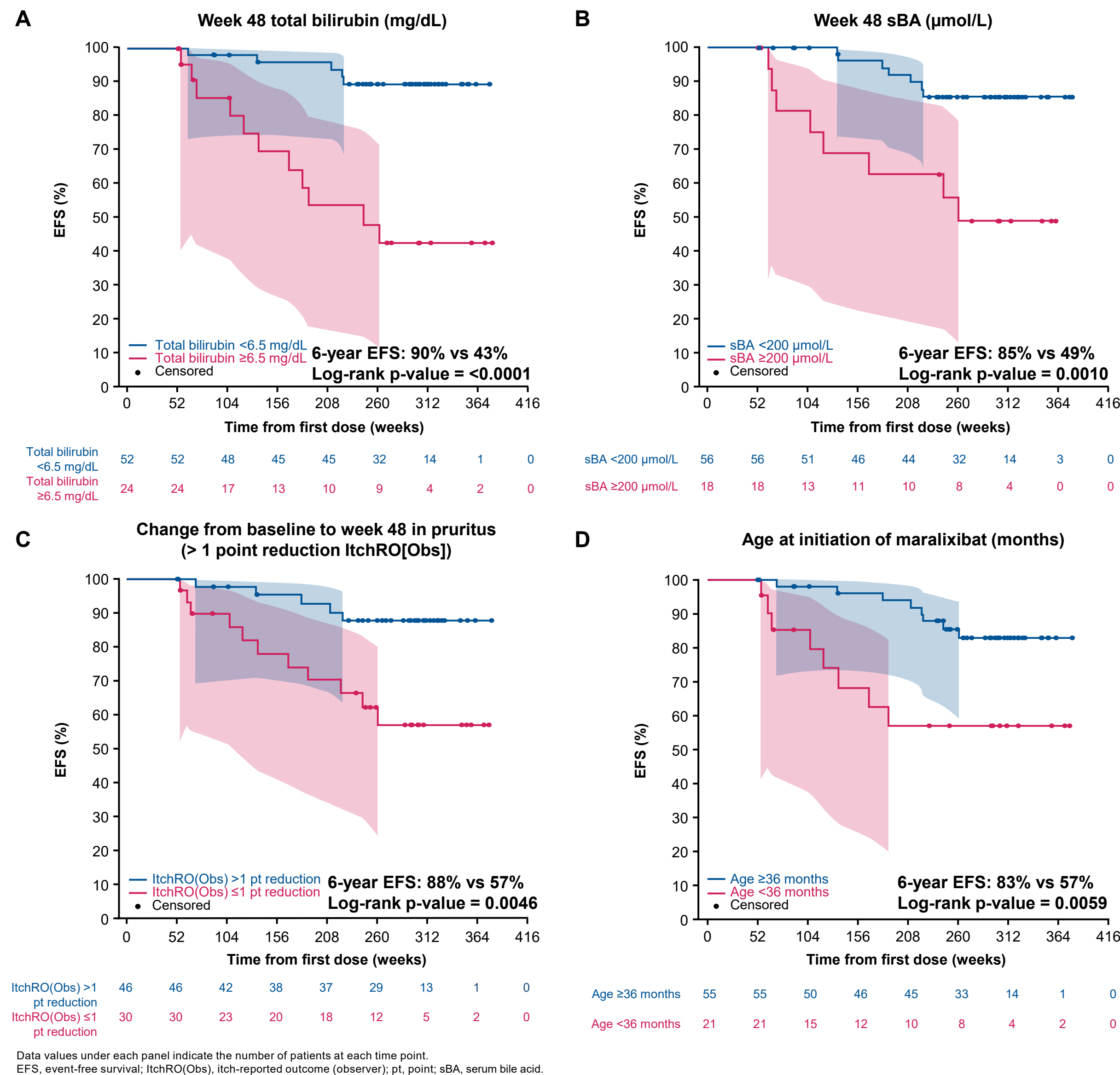
Table 2. Predictors of EFS and TFS in maralixibat-treated patients with ALGS.

Variable	Better EFS/TFS	Worse EFS/TFS	p-value
Week 48 total bilirubin	<6.5 mg/dL n = 52	≥6.5 mg/dL n = 24	
C-statistic: 0.82	6-year EFS: 90%	6-year EFS: 43%	<0.0001
C-statistic: 0.85	6-year TFS: 94%	6-year TFS: 42%	<0.0001
Week 48 sBA	<200 μmol/L n = 56	≥200 μmol/L n = 18	
C-statistic: 0.74	6-year EFS: 85%	6-year EFS: 49%	0.0010
C-statistic: 0.79	6-year TFS: 90%	6-year TFS: 49%	0.0001
Change from baseline to week 48 ItchRO(Obs)	>1 pt reduction n = 46	≤1 pt reduction n = 30	
C-statistic: 0.70	6-year EFS: 88%	6-year EFS: 57%	0.0046
C-statistic: 0.77	6-year TFS: 93%	6-year TFS: 57%	0.0007
Age at initiation of maralixibat	≥36 months n = 55	<36 months n = 21	
C-statistic: 0.72	6-year EFS: 83%	6-year EFS: 57%	0.0059
C-statistic: 0.74	6-year TFS: 87%	6-year TFS: 57%	0.0016

ALGS, Alagille syndrome; C-statistic, Harrell's concordance statistic; EFS, event-free survival; ItchRO(Obs), itch-reported outcome (observer); pt, point; sBA, serum bile acid; TFS, transplant-free survival.

- The four variables identified as predictors of EFS had high C-statistics over time, indicating that these cutoffs were stable predictors for 2–5 additional years after 48 weeks of maralixibat treatment.
- These four variables and cutoffs were similarly predictive for TFS.

Figure 1. Kaplan–Meier plots of EFS according to the following variables: (A) week 48 total bilirubin, (B) week 48 sBA, (C) change from baseline to week 48 ItchRO(Obs), and (D) age at initiation of maralixibat.



Distribution of predictors of EFS among the maralixibat-treated population

- Fifty-nine (79.7%) patients had ≤2 predictors of worse EFS at the end of 48 weeks of maralixibat treatment (**Table 3**). The rate of 6-year EFS was 88% in this group.
- Fifteen (20.3%) patients had ≥3 predictors of worse EFS. The rate of 6-year EFS was 31% in this group.

Table 3. Distribution of participants across worse (red) and better (green) EFS predictor variables.

Week 48 total bilirubin (mg/dL)	Week 48 sBA (μmol/L)	Age at initiation of maralixibat (months)	Week 48 Change from BL ItchRO(Obs)	Participants (N = 74)	6-year EFS (%)	Number of EFS variables
<6.5	<200	≥36	>1 pt reduction	30	89	0
<6.5	<200	≥36	≤1 pt reduction	9	89	1
≥6.5	<200	≥36	>1 pt reduction	5		
<6.5	≥200	≥36	>1 pt reduction	2		
≥6.5	≥200	≥36	>1 pt reduction	4		
<6.5	<200	<36	≤1 pt reduction	3	86	2
<6.5	≥200	≥36	≤1 pt reduction	1		
≥6.5	<200	<36	≤1 pt reduction	4	29	3
≥6.5	≥200	≥36	≤1 pt reduction	3		
<6.5	≥200	<36	≤1 pt reduction	1		
≥6.5	≥200	<36	≤1 pt reduction	7	33	4

ALGS, Alagille syndrome; BL, baseline; EFS, event-free survival; ItchRO, itch-reported outcome; pt, point; sBA, serum bile acid.

Conclusions

- In patients with ALGS, predictors of EFS with maralixibat treatment include: total bilirubin and sBA (both at week 48); pruritus reduction (from baseline to week 48); and age at initiation of maralixibat.
- As pruritus is often an indication for LT in patients with ALGS, these data demonstrate that improvements in pruritus with maralixibat are significantly associated with improved EFS and TFS.
- These data identify potential prognostic markers that may better inform patient/provider discussions of clinical outcomes in patients receiving maralixibat treatment.

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Disclosures

P Vig, E Tucker, and W Garner are full-time employees of and shareholders in Mirum Pharmaceuticals, Inc. R J Sokol is a consultant for Albreo Pharma, Inc., and has served on an advisory committee for Mirum Pharmaceuticals, Inc., and Retrophin, Inc. E Gonzales is a consultant for Mirum Pharmaceuticals, Inc., Albreo Pharma, Inc., and Laboratoires CTRS, Inc. B M Kamath has received unrestricted educational grants from Mirum Pharmaceuticals, Inc., and Albreo Pharma, Inc., and is a consultant for Mirum Pharmaceuticals, Inc., Albreo Pharma, Inc., Ausentes Therapeutics, Inc., and Third Rock Ventures. A Baker has nothing to disclose. B E Hansen has received grant support from and is a consultant for Albreo Pharma, Inc., Calliditas, Ltd, Chemomab Therapeutics, Ltd, Mirum Pharmaceuticals, Inc., Genfit, Inc., Cymabay Therapeutics, Inc., Intercept Pharmaceuticals, Inc. E Jacquemin has received consultancy fees from Laboratoires CTRS and Vivet Therapeutics. R J Thompson is a consultant for Mirum Pharmaceuticals, Inc., Albreo Pharma, Inc., Generation Bio, Co., Qing Bile Therapeutics, Inc., Horizon Pharma, Plc., Alnylam, Inc., Sana Biotechnology, Inc., EVOX Therapeutics, Ltd, and is a shareholder in Qing Bile Therapeutics, Inc., and Generation Bio, Co.